**ERASMUS+ Workshop 3 – Data Sources  
DIRECTORS Session 2: Technology to the Rescue! Or not?**

Dear parents, as part of the Session 2 of Workshop 3, we will be using **mobile devices** and **fitness trackers / smartwatches** to count steps and compare different methods of data collection.

A no cellphone sign

Description automatically generated1) If your child **does not own** (or share with someone) a **mobile device or   
 a fitness tracker** / **smartwatch**,  
 don’t worry! They will be able to join someone else during the session.

A black rectangular object with a white background

Description automatically generated2) If your child owns (or shares) a mobile device,  
  and you **agree with bringing it to school on the day of the session,**  
  please check in advance whether the device counts daily steps.  
  Most mobile devices already have a built-in app for this – there is no need to install anything.  
  Just make sure that step counting is enabled in the app at least two days before the session.

Below you can find instructions on how to enable or view step tracking in these apps:

* A screenshot of a phone

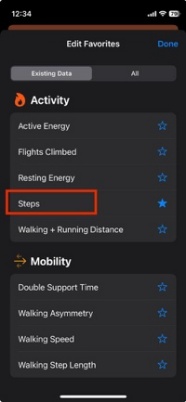
  Description automatically generatedA logo of a person

  Description automatically generatedA screenshot of a smart watch

  Description automatically generatedA logo of a heart

  Description automatically generated**Android** devices: *Google Fit* or *Samsung Health* apps *(*for *Samsung* mobile phones*)*

* **A heart shaped red and pink symbol

  Description automatically generated****iPhone** devices: (1) Open *Settings* on your *iPhone*.  
   (2) Select *Privacy*.  
   (3) Tap on *Motion & Fitness*.  
   (4) Turn on *Fitness Tracking*.  
     
  Open the *Health* app and select *Activity*.  
  Depending on your device version, either tap *Summary* in the top corner,  
    
  or directly tap the *Steps* option in the *Activity* section.  
    
  By selecting *Steps*, you will see the relevant details.

**Please explain to your child how to open the step-counting app.**Please, turn the page!

A black and white sign with a point and dotted line

Description automatically generated3) Additionally, if your child **owns** (or shares) **a mobile device**,  
 and you **agree with bringing it to school on the day of the workshop,**  
 and you also agree to allow your child **to use a SMALL AMOUNT OF MOBILE DATA**  
 (if the phone has mobile data included in the plan),  
 please check that it is possible to use the ***Google Maps*** app  
 (pre-installed on *Android* devices, but must be installed manually on iPhone devices),  
 with location services enabled to show the current location.

**Please explain to your child how to open the *Google Maps* app.**

A black and white image of a watch

Description automatically generated4) Also, if your child **owns a fitness tracker or smartwatch**  
 (a wrist-worn device that can count steps),  
 please make sure they bring it on the day of the workshop.

A red and grey circle with a white background

Description automatically generated**COMPLETELY OPTIONAL** – if your child is interested in fields like geography, cartography,   
technology, or activities such as hiking or running…  
 There are simple mobile apps that can record tracks – the routes you walk or run –  
 and later allow you to do some interesting things with that data.  
 However, these apps do not come pre-installed on mobile phones and need to be downloaded   
from  
 *Google Play* or the *Apple Store*.

* On *Android* devices: *GPX Logger* app.   
   <https://play.google.com/store/apps/details?id=eu.basicairdata.graziano.gpslogger>
* A yellow square with a black arrow

  AI-generated content may be incorrect.On *iPhone* devices: *Open GPX Tracker* app.   
   <https://apps.apple.com/us/app/open-gpx-tracker/id984503772>

At the next workshop, we will use these apps; **you do not need to install them** unless you wish to.

A cartoon of a robot

Description automatically generated**THANK YOU FOR YOUR HELP!**